

SUGARY DRINKS

FACT SHEET

Our organisation is working in partnership with Healthway and the Western Australian School Canteen Association Inc. (WASCA) to provide and promote healthy food and drinks at community events.

As part of our Healthway sponsorship funding, it is a requirement that vendors remove sugary drinks from display. This fact sheet shows examples of drinks suitable to display; drinks that must be removed from display; and simple strategies for vendors to achieve compliance.

ON DISPLAY



Examples: water (plain, sparkling, with 99% fruit juice), 99% fruit juice, fruit smoothies, coconut water (no added sugar), coffee, artificially sweetened drinks, 99% fruit juice slushies.

OFF DISPLAY



Examples: soft drink, slushies, energy drinks, sports drinks, iced tea, fruit drinks, flavored mineral waters, and other drinks containing added sugar (except dairy)

STRATEGIES FOR FOOD VENDORS

REMOVE SUGARY DRINKS FROM THE MENU

- An easy way to ensure compliance is by removing sugary drinks from the menu. Send your list of drinks to WASCA for advice and alternatives to sugary drinks.

SERVING COUNTER

- It is common practice for vendors to line drinks up along the counter top. Ensure sugary drinks are not included
- Place water in a prominent position
- If sold, sugary drinks may be listed on a menu board; text only, no graphics/images.



DISPLAY FRIDGES AND ESKIES

Sugary drinks in a display fridge and esky need to be out of sight. Tips:

- Move sugary drinks to the bottom of the fridge and cover with a poster or paper (ensure the poster does not include graphics/images of sugary drinks)
- Place water in a prominent position e.g. eye level
- Move sugary drinks to the bottom of the esky
- Ensure your esky is covered with a lid so the sugary drinks are out of sight.

A NOTE ON SLUSHIES

Slushie trucks and slushie machines must use 99% fruit juice concentrate (with no added sugar) to ensure compliance with this strategy.



FURTHER SUPPORT

We thank you in advance for supporting this initiative.
If you have any questions please contact WASCA
08 9264 4999 or WASCA@education.wa.edu.au